

# INLAND NORTHWEST

# MONARCH BUTTERFLY NECTAR PLANTS



REGION 3: W. ID, N.E. OR, E. WA

SCIENTIFIC NAME	COMMON NAME	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	V	↻	🎨	📏	💧	📍	👁️	📌	📌
<i>Agastache urticifolia</i>	Nettleleaf giant hyssop						🌸	🌸	🌸					H	P	Pr/R	2'	L	📍	3		A, B
<i>Asclepias cordifolia</i> 🐛	Heartleaf milkweed			🌸	🌸	🌸	🌸	🌸						H	P	Pk/Pr	3'	L	📍	5		
<i>Asclepias fascicularis</i> 🐛	Narrow-leaved milkweed					🌸	🌸	🌸						H	P	Pk/W	3'	M	📍	10		C
<i>Asclepias speciosa</i> 🐛 📷	Showy milkweed					🌸	🌸	🌸						H	P	Pk/G/Pr	3'	M	📍	71		
<i>Chrysothamnus viscidiflorus</i>	Yellow rabbitbrush								🌸	🌸				S	P	Y	3'	L	📍	1		
<i>Cirsium occidentale</i>	Cobwebby thistle				🌸	🌸	🌸							H	B	Pk/W/Pr	4'	L	—	2		
<i>Cleome lutea</i>	Yellow spiderflower				🌸	🌸								H	A	Y	3'	L	📍	3		
<i>Dasiphora fruticosa</i>	Shrubby cinquefoil				🌸	🌸								S	P	Y	4'	M	📍	2		
<i>Ericameria nauseosa</i>	Rubber rabbitbrush							🌸	🌸	🌸				S	P	Y	6'	L	📍	80		D
<i>Eriogonum elatum</i>	Tall woolly buckwheat					🌸	🌸							H	P	W	4'	L	📍	1		
<i>Eriogonum umbellatum</i>	Sulphur-flower buckwheat					🌸	🌸	🌸						H	P	W/Y	2'	L	📍	1		
<i>Euthamia occidentalis</i>	Western goldentop							🌸	🌸	🌸				H	P	Y	6'	M/H	📍	8		
<i>Gaillardia aristata</i>	Blanketflower						🌸	🌸	🌸					H	P	R/Y	2'	L	📍	1		
<i>Helianthus annuus</i>	Common sunflower						🌸	🌸	🌸					H	A	Y	5'	M	📍	18		
<i>Helianthus n. ssp. nuttallii</i>	Nuttall's sunflower						🌸	🌸						H	P	Y	10'	M/H	📍	1		
<i>Monardella odoratissima</i>	Mountain monardella						🌸	🌸	🌸					H	P	W/Bl/Pr	1'	L	📍	2		
<i>Penstemon speciosus</i>	Royal penstemon					🌸	🌸							H	P	Bl	3'	L	📍	1		
<i>Prunus virginiana</i> var. <i>melanocarpa</i>	Black chokecherry				🌸	🌸								T	P	W	20'	M	📍	1		E, F
<i>Rosa woodsii</i> var. <i>ultramontana</i>	Woods' rose				🌸	🌸	🌸							S	P	Pk	6'	L/M	📍	1		F
<i>Rudbeckia occidentalis</i>	Western coneflower					🌸	🌸	🌸	🌸	🌸				H	P	Y/G	7'	M	📍	2		
<i>Salix lasiolepis</i>	Arroyo willow	🌸	🌸	🌸	🌸	🌸								T	P	Y/Pr	16'	M	📍	2		G, H
<i>Salvia dorrii</i>	Purple sage				🌸	🌸	🌸							H	P	Bl	3'	M	📍	1		D
<i>Solidago canadensis</i>	Canada goldenrod						🌸	🌸	🌸					H	P	Y	5'	M	—	109		D
<i>Solidago missouriensis</i>	Missouri goldenrod						🌸	🌸	🌸					H	P	Y	3'	L	📍	3		
<i>Symphotrichum chilense</i>	Pacific aster						🌸	🌸						H	P	Y/V	4'	L	📍	5		

## KEY

- 🌸 **Bloom time:** orange months indicate monarchs are present.
- 🐛 **Milkweeds** (*Asclepias* spp.) are monarch caterpillar host plants.
- 🌿 **Form:** herb (H), shrub (S), vine (V), tree (T).
- ↻ **Lifecycle:** annual (A), biennial (b), perennial (P).
- 🎨 **Flower color:** red (R), pink (Pk), orange (O), yellow (Y), green (G), blue (Bl), lavender (L), violet (V), purple (Pr), brown (Br), white (W).
- 📏 **Max height** (in feet).
- 💧 **Water needs:** low (L), medium (M) and high (H).
- 📍 **Availability:** seeds available (📍), plants available (🌿).
- 👁️ **Observations:** the number of observations received of monarch adults nectaring across their entire range.
- 📷 **Photograph** © Tom Koerner, USFWS/flickr.

## ① ADDITIONAL INFORMATION:

- A. Establishes better from container-grown plants than seed.
- B. Tolerates clay soil and wet conditions.
- C. Tolerates clay soil and wet or dry conditions.
- D. Drought tolerant.
- E. Seeds are toxic (contain cyanide).
- F. Birds eat fruit.
- G. Tolerates sand and seasonal flooding.
- H. Good for erosion control.